

Patient Care Services)



the team behind your team



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The fight against cancer encompasses much more than the body's fight against a disease. It's likely that you may confront a myriad of other emotional, social and financial issues. Relationships with members of your family can be affected. Basic day-to-day transportation and housing issues can arise. Having a solid support system to help the patient deal with all of these other issues is just as important as having excellent medical care to fight cancer itself.

The Patient Care Coordinator at Clinic Cancer Care is a trained counselor who is available to help patients and their families manage these stresses. Common stressors that patients and their families encounter include:

- Advanced directives
- Current or anticipated treatment problems
- Emotional distress
- Financial difficulties
- Housing, lodging and transportation
- Inadequate support system
- Insurance issues
- Parenting concerns
- Relationship issues
- Terminal illness



Lisa O'Brien, LCSW

Lisa O'Brien, LCSW, recently joined the Clinic Cancer Care team as the Patient Care Coordinator. New to the Clinic's oncology program, Lisa helps patients and their families navigate through their cancer care experience

from diagnosis and treatment through recovery and survival. Her expertise includes case management, individual, child, family and group therapy, program development and grief counseling.

Patient Care Coordinator Services

The Patient Care Coordinator can help people to learn ways to better cope with many of the problems associated with cancer. Services provided by the Patient Care Coordinator include:

- Initial intake assessment
- Helping you and your family members cope with your cancer and its treatment
- Improving communication with healthcare providers, friends and family members
- Helping you to manage depression and anxiety and deal with current and past losses
- Providing stress management, relaxation techniques, visualization and imagery
- Assisting with financial, housing, lodging and transportation concerns
- Assisting with legal matters such as advanced directives
- Connecting you with community agencies and resources and acting as an advocate on your behalf
- Education
- Acting as a liaison in communicating your needs and concerns with other team members
- Individual, marital and family counseling and emotional support, including facilitating family meetings and problem solving
- Facilitating support groups which provide a safe place to share thoughts and feelings with others dealing with similar concerns and emotions

